

COMMUNITY LIVING
BURLINGTON



65th ANNUAL
GENERAL REPORT

Tuesday, November 10, 2020

“The Possibilities are Endless”

OUR MISSION & VALUES

The mission of Community Living Burlington is to enrich the quality of life and to promote full and meaningful inclusion in our community of people who have a developmental disability.

OUR GUIDING PRINCIPLE

That all persons live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively.

OUR VALUES

Dignity: Each person is unique, to be respected and empowered.

Accountability: Everyone at Community Living Burlington is responsible for the safety, security and well-being of the people.

Human Resources & Leadership: We value the staff & volunteers that enable the organization to achieve the highest quality of service to the people we support.

Advocacy and Inclusiveness: We value, promote and protect the right to full participation within our community.

Service: We are committed to exceptional service approach based on the uniqueness of each person we support.

Partnerships & Outreach: We value and promote collaboration with our community.

OUR BOARD MEMBERS

BOARD OF DIRECTORS 2019-2020

Board Chair	Joe Nemet	2nd term, June 2018-June 2021
1st Vice	Scott Black	2nd term, June 2018-June 2021
2nd Vice	Graham Browne	1st term, June 2017-June 2020
Treasurer	Michael Flintoff	1st term, June 2017-June 2020
Director	Jim Boland	1st term, June 2018-June 2021
Director	Aurelie Dimandja	1st term, June 2018-June 2021
Director	Harold Hay	2nd term, June 2017-June 2020
Director	Cam Jackson	1st term, June 2019-June 2021
Director	Alyson Kirkwood	1st term, June 2019-June 2021
Director	Chris Roswell	2nd term, June 2018-June 2021
Director	Jessica Stevenson	1st term, June 2019-June 2021
Director	Ken Wong	1st term, June 2017-June 2020

COMMITTEES OF THE BOARD

Ethics Committee

Executive Committee

Finance Committee

Governance and Human Resources

Resources Development Committee

Risk Committee

Although this Annual General Report is supposed to summarize and highlight the successes at Community Living Burlington for the year 2019/2020, we are finding it difficult to even remember last year given the worldwide Pandemic we have been living through since March 2020.

Both Joe and I are very thankful for the efforts of our staff teams and the work they contributed over the last fiscal year. This now leads into the unprecedented times everyone is encountering during the Pandemic. We do not have to tell you that since mid-March 2020, the world has experienced a significant healthcare crisis; the effects of which will be felt for years to come. COVID-19 has affected our economy, our healthcare systems, and organizations like Community Living Burlington.

To date, we are proud to report that no one directly supported by CLB or any of our staff, have tested positive, but being able to say this has come at a price. Many sacrifices have been made by the people we support, their families and our staff teams. It has not been easy, as the Prime Minister recently stated: "it sucks" and we all agree.

One thing our agency has always excelled at is responding to a crisis and thankfully we had a Pandemic Plan and Emergency Preparedness Plan in place to direct us on how to respond to this virus.

Our employees have been creative and responsive throughout. This is very evident in the Virtual Day Programming that was developed almost immediately when COVID-19 hit. With the uncertainty over the last 8 months, our teams have been safe, responsible and engaged; working long hours due to staff shortages while most of the times being very stressed and worried. Thankfully, the worry and stress has translated into extra safety precautions where teams have a united goal to keep the virus out of our homes.

As for our families, we understand how challenging things have been. The first 4 months when visitors were not allowed in the homes must have been very painful and heartbreaking; I am glad those restrictions have ended for now. We also recognize the hardship that our community families are experiencing. We will continue to plan for and gradually resume our "in person" day programs as we rebuild our staffing resources.

As we mentioned the Annual General Report usually highlights our achievements and successes from the previous year. For this report, the fact that CLB has been able to manage, adapt and keep everyone safe is the greatest success story we could have hoped for.

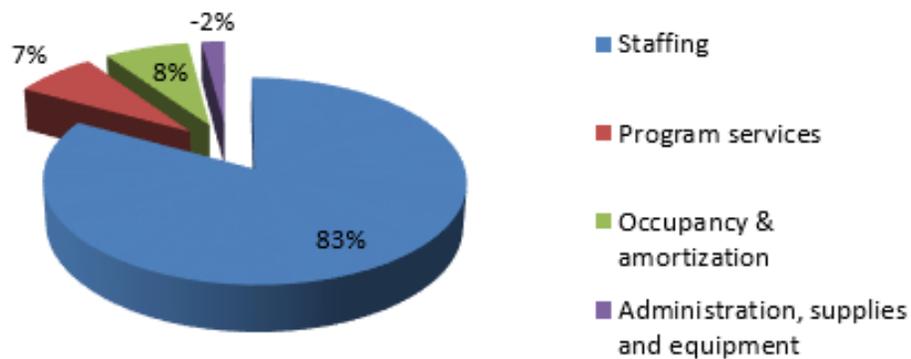
We cannot predict what effect the second, third or any subsequent waves of COVID-19 may have on CLB. What new guidelines, rules and lockdowns the government may impose is impossible to know. What we do know is that the Board and our employees will continue to keep abreast of all developments and abide by all rules and guidelines we are bound to follow. Along with other Community Living organizations, we will continue to advocate for modifications to the rules and guidelines so that they make sense for our community while we will focus on our main objective of keeping everyone safe. One size does not fit all and after eight months, I believe the government is starting to realize this.

We are all in this together and we will get through it.

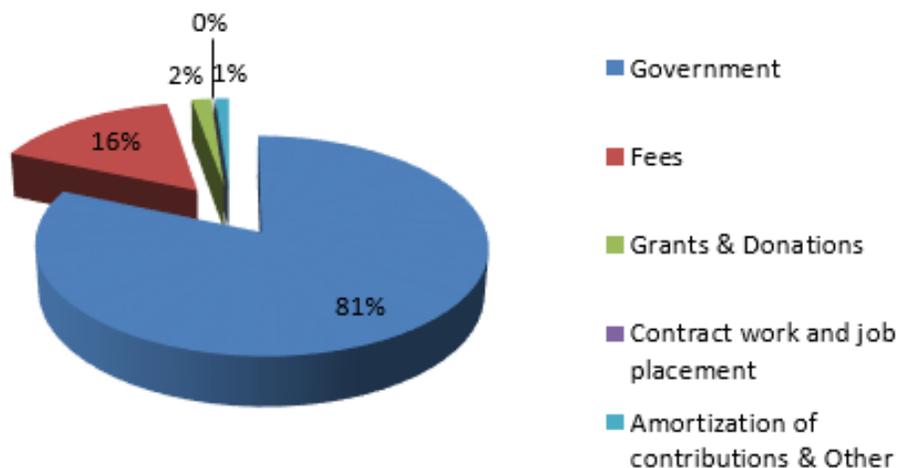
Financial Report

Financial highlights for the year ended March 31, 2020			in '000s
	2020	2019	
Total Assets	\$10,168	\$8,740	
Invested in Land and Building at Amortized Cost	65%	81%	
Total Liabilities	6,173	5,662	
Total Endowments	2%	2%	
Total Revenues	19,563	19,563	
Total Expenses	19,626	19,626	

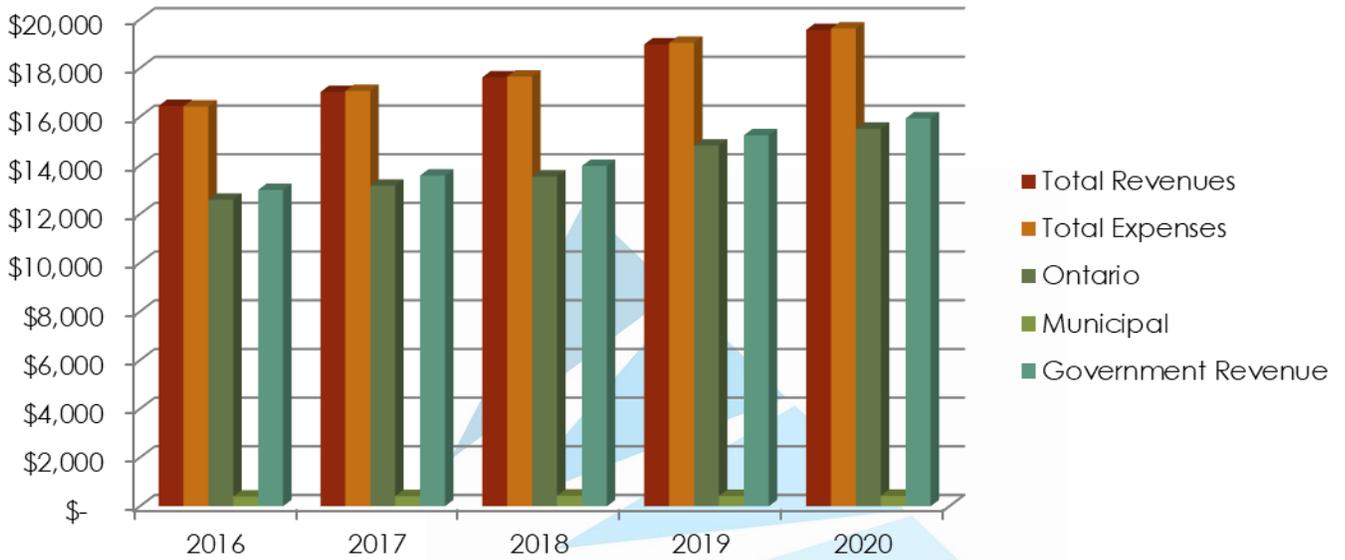
2020 Expense



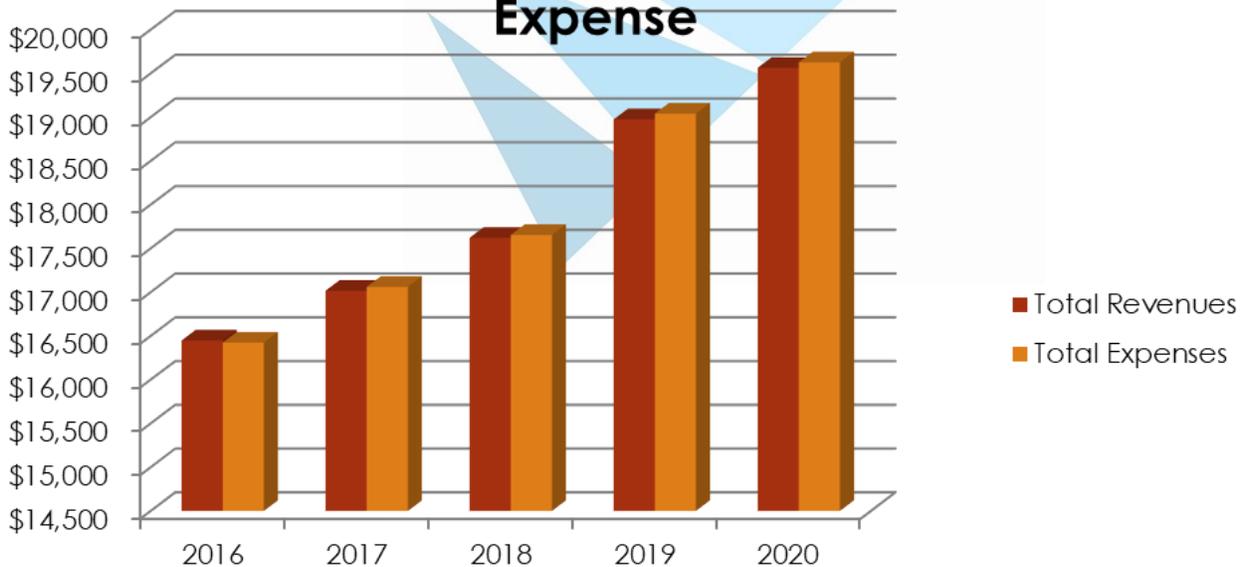
2020 Revenue



2019/2020 Total Revenues



2019/2020 Total Revenue and Total Expense





Community Living Burlington's Virtual Programming provides a platform for those who receive support from CLB. It allows them to participate and engage in activities with their peers from the community. The delivery of our Virtual Programming is done through the use of Zoom, a video conferencing application, that participants can access through a number of different technological devices.

CLB's Virtual Programming was launched immediately after the announcement of pandemic lockdowns. It has seen a steady increase in participation. Initially, enrollment began with modest numbers, however sessions

are now reaching up to 60 participants per activity. CLB's virtual calendar has been circulated through our centralized email list and throughout the community via Developmental Services Ontario and Central West Specialized Developmental Services. Currently the participants joining the programs go way beyond the people who receive support from CLB, we are seeing participants from all over Halton and as far away as Peel Region.

CLB's Virtual Programming currently consists of 6 to 7 activity sessions per day. Programs range from health and fitness, music and art, education and social activities. Participants are able to enhance their skills by engaging in new programs and regain a sense of normalcy by participating in their regular activities led by instructors they are familiar with.

Our Virtual activities are facilitated by a combination of wonderful community partners, people who receive support from Community Living Burlington and our employees. We have also been lucky to have some community families offer to lead activities for this program.

It has been a pleasure to see people engaged in and supporting CLB's Virtual Programming. The highlight has been seeing the people we support so happy to see their peers and be able to interact with them daily.

We also have to commend many of our CLB employees, who have shown enthusiasm and a willingness to improve their technology skills, in order for the people we support to have meaningful and enjoyable days.

The success of CLB's Virtual Programming has really been a team effort. We thank the team who developed the program, CLB staff who have supported its delivery as well as participated on a daily basis and our community partners, who facilitate amazing activities. Most importantly we thank the people we support, who continue to trust us and bring so much joy to every activity.



“Hey CLB are you ready?! ... Here's the neeeewwss”

If you've ever watched an episode of the CLB News Team, you'll recognize the familiar call at the beginning of each episode. Since February 2020, individuals from Community Living Burlington have reported on different topics happening around CLB, the Burlington community, the world, and in their lives.



Our recording started at Mainway, filming in front of a green screen, with each reporter researching their topic of interest.

Some notable segments from that time were the highlights of the Valentine's Day Dance with Adam Hori, Sports Reporting with Mike Foster, the interview at Kelly's Bake Shop with Jeff Hopkins, and the “Question of the Week” with Nicolas Griffioen.

COVID-19 didn't stop our reporters from sharing their stories, in fact our News Team was able to expand and welcome new reporters to our broadcasts. Reporting from their homes we film weekly over Zoom, with each reporter preparing throughout the week for their segment. Each reporter is encouraged to research their topic thoroughly and keep their report to under 2 minutes. This program encourages research, reading, writing and journalism.



We've had some notable episodes over the last 6 months. You should check out our super hero episode, sports episode, and our recent series of Halloween episodes. Those who have reported consistently for the past few months have been: Danyelle Mole our Birthday and Special Event Reporter, Jeff Hopkins our Entertainment Reporter, Stephanie Hildebrand our Music Reporter, Jill Hird our Welcome/Farewell Announcer, Lora Francis our CLB Events Re-

porter, Brad Cook our Sports Reporter, Chris Stafford our Games Reporter, and who could forget our required segment “Weather with Dave” with David DiBiase.

Thank you to our other reporters who have reported on the CLB News Team. Hope to see you next time on the CLB News Team.

Our Community Rallies to get Bruce a New Bike!

Bruce is a well-known figure in the downtown Burlington area, where he can often be seen riding around on his adult trike.

Unfortunately, Bruce had his bike stolen earlier this year. Bruce had been very careful with his bike, making sure to lock it up with a good U-lock but the thief showed up with a pair of heavy bolt cutters.



Constable Matt Baker of Halton Police took to his social media to discuss the incident, shared the suspect's photo and hoped that the Burlington community could help to find the thief. One of Baker's Twitter followers, David Vandenberg reached out to Baker offering to chip in \$20 for a replacement bike for Bell. Baker decided to match this donation to encourage others to give. One thing led to another and in just 12 hours, his Twitter followers



had raised \$950 to purchase a new bike for Bruce!

Matt presented Bruce with his new bike and Bruce was thrilled to be able to ride around Burlington again.

Thank you to everyone in our community who donated to help Bruce get this new bike. We are truly lucky to live in a community like Burlington.

“The Possibilities are Endless”

Goodbye Pinecove, Hello Sunnydale! By: Jennifer Honey



Pinecove has been home to many people supported by CLB for approximately the last 20 years. At one time Pinecove was home to 5 people. Currently, there are 4 people we support living at Pinecove.

It was decided that a move and change for those living at the house was necessary as Pinecove was no longer able to meet the accessibility needs of everyone there. Even though Pinecove had

some disadvantages, it holds many memories for Jeffery, Kelly, Ryan and Michael and they will miss it.

The move to a new location called Sunnydale in the Mountainside area will be a “plus” and has everyone feeling very positive about the relocation. Due to COVID 19, the people supported at Pinecove are now attending virtual programming which includes music therapy, fitness classes, reading and friendship club. Some of these activities were previously held at Mainway before the pandemic.

Gema Rondon, who oversees Pinecove/Sunnydale is a long time staff member and started with Community Living in 2001. She is presently the Senior Manager of Complex Care. Gema mentioned that prior to COVID-19 the people we support were also able to go on excursion with staff. Of course since the pandemic started many restrictions have stopped these opportunities.

Our new house on Sunnydale “is in a beautiful neighbourhood” says Gema, “we love the name of our new home.” The best part is that the early 60’s built home is now fully accessible with a bathroom that has been equipped with a walk-in-shower as well as a therapeutic bathtub possessing jets for comfort and relaxation. The residents can enjoy a beautiful deck with ramp access at the side. The deck was built with convenience in mind and has LED lights installed to illuminate the pathway at night time for added safety.

The house contains a bedrooms for each of the four people so they have their own space, as well as a fully renovated kitchen allowing for some great meals to be prepared and enjoyed. Sunnydale will continue to be a 24 hour care home and provide inclusive support to the people who live there.

The team at Pinecove are sincerely appreciative and thankful for all of the great work AWL Contracting has completed on this project for the people of Pinecove/Sunnydale.

Sensory Friendly Movies

By: Candice Keem



In 2019, Community Living Burlington, along with the Halton Social Capital Committee, collaborated with the Burlington Central Library to offer free sensory friendly movies. The space was designed to be, safe and welcoming for community members of all abilities to gather and enjoy a community event.

Every Sunday afternoon, people came together to watch free family friendly movies in an environment that was accessible for everyone. It was important that the space provided was barrier free for those with physical limitations as well as an environment that was sensory friendly. The lights were turned up and the sound was turned down to allow people who have sensory sensitivities to enjoy the movie. There was also a separate room provided for anyone who needed a quiet area or a space with fewer people.

Seeing our community join together for a truly inclusive event was a wonderful sight and experience. A highlight of this event was watching people who did not have to feel apologetic for being who they are or for how they needed to express themselves.

Community Living Burlington and the Halton Social Capital Committee is proud to have a great partner in the Burlington Central Library. Their commitment to enhancing inclusion in our community, while advocating for people of all abilities, is why CLB is honoured to have them as an ally in our community.

Moments through Music



On June 20, 2019, Community Living Burlington celebrated the official opening of the “*Moments Through Music*” space at our Mainway location. This project was lead by the Sabourin Family and raised over \$100,000 from our families and friends. Through this campaign, CLB is now able to provide the opportunity for the people we support to enjoy and realize the many benefits of music therapy in a safe, fun and supportive environment. The goal was to create a space for people to dance, sing, make music and

create moments with their friends. Since its opening, the space has been constantly occupied by music classes, jam sessions, dance parties, one-on-one lessons, and so much more! We are excited for the possibilities that this space holds for CLB and its participants for many years to come. Thank you to the Sabourin Family and our donors for making this possible.

Puppy Yoga

By: Anita Stevenson



You can't help but smile just saying the words **"Puppy Yoga!"**

Earlier this year at ARC on Mainway, we had the pleasure of meeting yoga instructor, Kinga. She is also a registered breeder and owner of Steel City American Bull Dogs. With her calm demeanour and experience in yoga, she taught one hour sessions of yoga with the people we support. The bonus, of course, were her puppies! This brought so much joy to everyone who participated, staff included! Once puppies went to their forever homes, everyone would have to wait until another litter of puppies were old enough to start another 6 week session.

The people we support loved the interaction with the puppies whether they were participating in yoga or not. For some, the hour was spent solely playing with the puppies. We truly had the best of both worlds: yoga and pet therapy. Some participants simply enjoyed watching the puppies play together from the side lines. Others wanted to snuggle with the puppies. For some people, this was the first time holding a puppy which made for an even more special and wonderful experience. Thank you Kinga for bringing a smile to everyone involved with yoga and puppies!

Hola from Mexico!

By: Jillian Everett



At the beginning of March, (right before the pandemic) Danyelle M and Ellen M went on vacation to Cancun, Mexico for 6 days. They were able to utilize some of their Passport funding to pay for their support workers travel expenses.

They stayed at the Ocean Riviera Paradise, a 5 star resort right on the beach. Both ladies enjoyed the sun, swimming, food, dancing, and so much more! They also got to meet some exotic animals including a monkey, a parrot, and an iguana.

When asked what their favourite part about the trip was, they both said the "pool parties." They loved to dance in the pool to music while enjoying refreshing slushies. They also enjoyed the entertainment at the resort every night. Their favourites were the "Grease" musical show and the Teppanyaki Grill House show, which was delicious Asian cuisine cooked on the grill right in front of them. The ladies came home with wonderful tans and lots of fun stories to tell their family and friends. Both ladies said they had an amazing time and would love to go on another vacation when the pandemic is over.

A Haunting on Mainway

By: Shawn McInnis

Community Living “BOO”linton presents: A Haunting on Mainway. Things got spooky last year at CLB with our first ever “Haunting on Mainway”! Community Living Burlington partnered with the United Way and our amazing sponsor, Michael Brejnik & Team to put on this eerie event for the people we support and our community.



Initially, the Haunted House portion was open for anyone supported through Community Living Burlington and other agencies in our community to enjoy. The main event, held on Saturday October 26 was open to our entire community and was met with a great response. The haunted house, face painting, witches corner, pumpkin patch, games and of course, candy, were just some of the things that those in attendance

were able to enjoy! At the end of the day, the event helped raise over \$1,000 in donations for the United Way Halton and Hamilton. While we were ready to put on another spine chilling event in 2020, the year unfortunately had other plans.

That being said, we would like to thank everyone that helped make A Haunting on Mainway an unforgettable day! Hopefully we have the opportunity to scare the pants off of you in the near future! **As always, stay safe and stay spooky!**

United Way Partnership

In early 2020, Community Living Burlington partnered with United Way of Halton & Hamilton on a project to help bring together corporate retailers and our community. CLB provided space at the back of ARC to UWHH to store items donated from various retailers. This project helps bring much needed support to our organization and other UWHH supported agencies. These donations in kind aim to help alleviate financial strain on non profit agencies.

In addition, the people we support will be invited to volunteer with UWHH to help sort and distribute these items to our local community. This will also help build employable skills in those who volunteer.

At the beginning of COVID, these donations were an essential help to our community and specifically, CLB. Our programs benefitted from donated games, instruments, crafts, technology and more. We aim to continue building on this incredible partnership and look forward to providing support to create a better community for everyone.



United Way
Halton & Hamilton

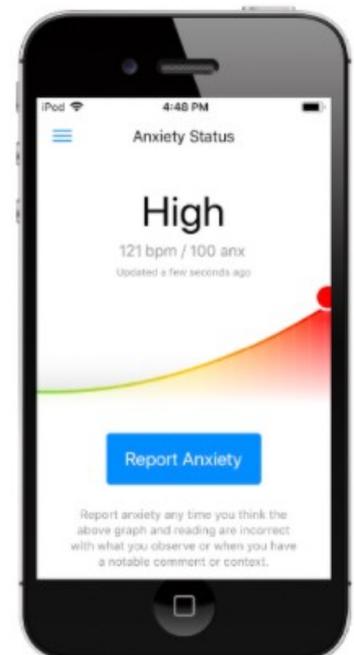
On November 4, 2020 I had the opportunity to speak with Margot Sane to become informed of a new technology that has been utilized by Community Living Burlington. The technology was developed by a Toronto based company called **Awake Labs**. The product had been designed by an interest group who “shared a desire to help improve the quality of life” for those who had intellectual challenges in life.

Community Living Burlington's Senior Management team, Margot Sane and Judy Pryde learned about Awake Labs and thought it could be useful for the people we support. After doing some research on the product, CLB connected with Awake Labs employee, Paul with hopes the technology could assist in helping individuals manage their anxiety.

The Awake Labs technology is a software platform that uses a smart watch as well as a mobile device. The individual wears the smart watch and uses an iPod, or similar device, with a downloaded mobile app, to monitor their active stress levels. Awake Labs has stated that their app will “measure stress and strong emotion in real-time to improve well-being...calmer and happier days.” The product was implemented by CLB last year and a five month pilot program ran from July to November 2019. Four (4) individuals supported by CLB were part of the pilot initiative.

What makes this product so unique is that the watch and iPad work in tandem. As someone's anxiety and stress levels rise, it is monitored with a measurable heart rate and will alert the staff on site when someone is in distress. The staff members are then better able to identify increased anxiety of an individual with hopes that through management control, we can avoid further anxiety, use of medication and potential injuries for all.

Margot Sane stated that the technology was “very useful for the period of time it was used.” She supports the technology and is very impressed with how it works. The use of the iPad generates statistics that help to understand a persons anxiety levels. The Awake Labs technology had been found to reduce hospital visits. CLB has had great success with this project and hopes to continue this in the future to help manage the stress of the people we support.





The Halton Social Capital Committee began 2020 with a plan to increase awareness of Welcome Spaces, the Meet, Greet and Eat social gatherings between CLB and CLO, and implementing safe spaces for families to attend movies at the Burlington Library.

March brought the committee to a full stop. The HSCC pivoted and began meeting via Zoom. Keeping to our mandate, the HSCC facilitated virtual Meet

and Greets. The first was between CLB and CLO supported homes. It was very successful with the homes continuing to connect via Zoom, Social Media, and phone. HSCC hosted a few more Zooms with individuals that have similar interests and hobbies.

HSCC continues to meet virtually every 6 weeks. We are working on a Community Forum for Halton residents to tune in and learn how others are keeping in touch during this pandemic and to brainstorm new ways of increasing social capital.

This year has been a challenge for ALL of us, but the HSCC has been creative in how to grow social capital in our communities. With the support of Community Living Burlington, Community Living Oakville and The Town of Oakville, we have been able to make strides in our mandate. Thank you for all that you do! WOW, just WOW.

Katherine Thomson and Carolyn
McCleister

Self Advocates & Halton Social
Capital Committee Members

**All people should
experience an *equal*
sense of belonging.
Period.**

In Memory of David Faulhafer



David Faulhafer was a wonderful person, with a great smile and beautiful eyes. David lived for many years at Deerwood and spent his last years at Stratton House. There were times when he wasn't walking well but he always managed to sneak in a kiss on the cheek and tell staff he loved them, as they were busy transporting him from one location to another. David was well cared for by staff who loved him for his sense of humor and abilities to laugh and to make others laugh. He loved listening to the oldies and playing the harmonica, strumming his guitar and banging on the drums during music therapy. Familiar songs made him smile, and he would often sing along. His room was filled with baseball caps, old cars and plenty of movies he enjoyed watching in his free time. This included his favorite super hero the Hulk. He would often pump up his muscles and mimic the Hulk. He loved ice-cream, chocolate, cheesecake and doughnuts from Tim Hortons, his favorite restaurant was Swish

Chalet which he called "Chicken Chalet".

David loved and admired his family a great deal, and spoke about his old dog Jake who was up in Heaven with his mom and dad. He looked forward to seeing his sister Barb when she would come by. He spent lots of time with his longtime girlfriend Ellen. Together, they enjoyed activities such as Disney on Ice, movies, lunches and dinners. David will be missed by all who knew him.

In Memory of Jodi Kaczur

Jodi Kaczur was a proud participant in the Supported Employment Program at CLB for many years. We are saddened by her passing on March 28, 2020 but, very grateful to have known such a passionate, dedicated and talented person. Jodi accomplished great things during her life.

One of her biggest accomplishments was swimming competitively in the Special Olympics. She won competitions locally, regionally, provincially and nationally. In 1986, she attended Nationals in Calgary and won 5 gold medals! Jodi's success led her to become a local celebrity and she was invited to a Blue Jays games to throw out the first pitch. She also attended a televised Special Olympics events with celebrities like Arnold Schwarzenegger.



Through advocacy, Jodi and her family helped to break down barriers for people who have Down Syndrome in our community. For years, Jodi worked at a local hockey rink and in customer service. Jodi will be greatly missed by all of us at CLB.

Memorial Donations

In Memory of Marilyn Stevens

Alan Price

In Memory of William Sangwin

Helena & John Brindley

Smith's Funeral Home

Gloria & Gavin Shanks

In Memory of Rosanna Hunt

Cathy Thomson & Jim Weisz

In Memory of David Faulhafer

Gary Dallner

Nadine & Bryan Eaton

In Memory of Max Robinson

Marie Geraghty

In Memory of Joan McMurray

Shirley Heys

Marlene Barker

In Memory of Joan McMurray

Mava Holland

Florence Hook

In Memory of Pearl Dixon

Marie Geelen

Sandra & Leonard Woodward

Rae & Joan Pickell

Terry & Judy Vestby

Kimberley Fair

Clare & Leona Thompson

In Memory of John Teggart

Dianne DeFreitas

Michael Coulter & Marilyn Turner

Bruno & Gail Vedelago

Olga Strychar

THANK YOU TO OUR STAFF



THANK YOU TO OUR SPONSORS



“The Possibilities are Endless”

COMMUNITY LIVING BURLINGTON



SPECIAL THANK YOU TO:



United Way
Halton & Hamilton

**Foundation of Human
Development**

**Follow us on our Social Media pages to receive
the latest updates and news!**



www.facebook.com/clburlington



www.twitter.com/clburlington



www.instagram.com/clburlington



www.clburlington.ca

“The Possibilities are Endless”